



Oldenburg - Hundsmühlen

Summer Camp 7th-12th August 2011

<p>Schedule:</p> <p>Sunday 7th – Thursday 11th</p> <p>09.30 – 10.15 a.m ZaZen 10.30 – 11.00 a.m KI Work & Ukemi waza 11.00 – 12.30 a.m Aikido 05.30 – 07.00 p.m Aikido</p> <p>Friday 12th</p> <p>09.30 – 10.15 a.m ZaZen 10.30 – 11.00 a.m KI Work & Ukemi waza 11.00 – 12.30 a.m Aikido</p>	<p>Accommodation:</p> <p>Beside the Dojo is a camping area. You can also sleep at the Dojo. The fee for both is included in the seminar costs</p> <p>There are also cheap pensions and hotels close to the Dojo.</p> <p>Tourist-Information: http://www.wardenburg.de/hotels/verz2.htm</p> <p>Kitchen, barbecue place and sauna can be used and close to the Dojo is a natural swimming lake.</p>
<p>Location:</p> <p>Judo-Club Achternmeer-Hundsmühlen e.V. D- 26203 Oldenburg-Hundsmühlen, Germany Diedrich-Dannemann-Straße 25 http://www.jcah.de/</p>	<p>Costs:</p> <p>Complete € 135,-, with reduction € 105,-, One day € 25,- , with reduction € 20,- Youth (from 12 years on) € 70.- One day € 15,-</p> <p>Aikidoka from Eastern Europe € 70.-</p>
<p>Contact:</p> <p>Dirk Müller - Tel. +49 40 / 53006729 www.shoshin-dojo.de</p> <p>For Registration:</p> <p>Email : aikido@shoshin-hamburg.de</p>	<p>Notice:</p> <p>The seminar ist open for all federations, beginners are also welcome to join.</p> <p>Please bring Jo, Bokken and Tanto if you have it. Those who wants to take part in meditation practice needs a „safu“ or a blancet to sit on.</p>

Aikido Summer Camp 2011 Oldenburg/Hundsmühlen

Registration form:

Name: Telefon:

Adress:.....

E-mail: Dojo:

Birthday:

Please mark :

Participation: Whole seminar

Su Mo Tue We Thu Fr

Accomodation: Camping Dojo on my own

With my signature I declare that I / my children / are covered by health insurance, and absolve the organizers at the same time from any form of liability for accidents or injury or property damage that might occur to me / my child / my children as part of the course. I also declare that the organizers not have any supervisory obligations to my child / my children.

.....
Date / Signature

(for minors signature of parents or guardian)

Please send to :

**Shoshin Dojo Hamburg
Dirk Müller
Gertigstr. 44
D-22303 Hamburg / Germany**